

airline	stopover place	Minimum required time (approximate)	approximate round-trip fare (Economy)	Japanese Miles	Alliance	Features and Remarks
Emirates	Dubai	Departure from Haneda App. 20 hours Nairobi App. 18 hours	230,000 -280,000 yen	JAL miles	non-membership	A staple for Japanese expats and business travelers.
Ethiopian Airlines	Addis Ababa Seoul	Departure from Narita App. 23 hours Nairobi App. 20 hours	170,000 -200,000 yen	ANA miles	Star Alliance	The only African airline serving Japan. There are two stops, but the fare is cheaper even if it is right before the departure.
Qatar Airways	Doha	Departure from Narita App. 20 hours Nairobi App. 19 hours	160,000 -250,000 yen	JAL miles	One World	From February 15, 2025, the number of services will be increased and the travel time will be shortened. There are many promotions, and depending on the timing, it can be cheap.
Turkish Airlines	Istanbul	Departure from Narita App. 24 hours Nairobi App. 22 hours	210,000 -330,000 yen	ANA miles	Star Alliance	You can book a stopover and go sightseeing in Istanbul. Prices tend to vary greatly depending on the flight date. Be aware that some flights have short transit times.
Thai Airways International & Kenya Airways	Bangkok	Departure from Narita App. 19 hours Nairobi App. 17 hours	240,000 -350,000 yen	ANA miles	Sky Team	Kenya Airlines is often late, so it is good to be cautious. Reservations can be made from Kenya Airlines website.
AirAsia	Kuala Lumpur	Departure from Narita App. 29 hours Nairobi App. 40 hours	120,000 -150,000 yen	-	non-membership	Services to Nairobi began at the end of 2024. Luggage is not included in the price because it is a LCC. You can also arrange your own transfers. Beware that flights are not available every day.